

GARSLIM®

Standardized *Garcinia cambogia* Extract

جارسلم

خالصة قشرا الفاكهة جارسلميا كالموجودة



GARSLIM®

DESCRIPTION

GARSLIM is the trade name of a natural weight control supplement. It is developed from the dried fruit rind extract of *Garcinia cambogia* (Family: Clusiaceae),

which is a fruit grown on the western coastline of South India. Each **GARSLIM** tablet contains 500 mg *Garcinia cambogia* extract.

COMPOSITION

Garcinia cambogia dried fruit rind extract (calcium salt) is standardized to

contain a minimum of 50% (-) Hydroxycitric acid (HCA). In addition, the extract contains other organic acids (e.g. citric acid), calcium and organic salts.

CLINICAL PHARMACOLOGY
Glucose is the blood

sugar used by the body for energy. Glucose molecules that are not immediately used for energy are stored as glycogen in the liver and muscles. When glycogen stores become full, excess glucose is converted into fat and cholesterol. Hydroxycitric

acid inhibits the conversion of excess glucose into fat and cholesterol. This increase helps to significantly reduce food cravings and to curtail appetite while delivering increased energy due to thermogenesis induction. HCA does not interfere

with ATP generation. Therefore, the individual retains his energetic disposition and does not suffer from early fatigue. In addition, because HCA does not act on the central nervous system (CNS) to affect weight reduction, it does not bring on the undesired

complementary effects, such as: insomnia, depression, nervousness, hypertension or palpitation.

INDICATIONS

GARSLIM helps in:

- Controlling body weight and managing obesity.

- Reducing cholesterol levels.
- Controlling/reducing appetite.

DOSAGE

Usual adult dose: One **GARSLIM** 500 mg tablet with a glass of water, 3 times daily, one hour before meals.

ADVERSE EFFECTS
Hydroxycitric acid (HCA) is not a CNS stimulant. The only possible negative effect from excess intake is bowel intolerance.

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USE IN PREGNANCY AND LACTATION

GARSLIM tablets should be avoided during pregnancy and lactation due to the possible influence of HCA on the production of sterols.

DRUG INTERACTIONS

None known.

CONTRAINDICATIONS

GARSLIM tablets should be avoided during pregnancy and lactation.

OVERDOSE

Not documented.

PRECAUTIONS AND WARNINGS

GARSLIM tablets are not

suggested in large amounts or for extended periods to young children.

HOW SUPPLIED

Bottles containing 60 **GARSLIM** 500 mg tablets.

STORAGE CONDITIONS

- Close tightly after use.
- Store between 15-30°C, protected from light and humidity.
- Keep out of reach of children.

THIS IS A MEDICAMENT

- A medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of

- the pharmacist who dispensed the medicament.
- The doctor and the pharmacist are experts in medicine.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without

- consulting your doctor.
- Keep medicaments out of the reach of children.

COUNCIL OF ARAB HEALTH MINISTERS

UNION OF ARAB PHARMACISTS

Prescribing Information Available Upon Request.

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